



REPUBLIC OF TURKEY
UNIVERSITY OF MEDICAL SCIENCES
ISTANBUL TRAINING & RESEARCH
HOSPITAL

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FOREWORD

The health service is the most sacred services that are offered hour and each day of the year, which are uninterrupted and continue to be offered in all kinds of conditions and circumstances, and which are offered with dedication by the employees who need sacrifice but see it as a necessity.

Istanbul Education and Research Hospital, which has an important place in the health care presentation of our country, was founded on January 16, 1960 as "Most Modern Hospital of Balkans" under the name of "Workers Insurance Institution Istanbul Hospital" and has been equipped with the human resources and technical equipment, It served to people and their relatives. From that day on, we continued to work with the enthusiasm of "being the hospital of the firsts".

Known as the "Samatya Hospital" for many years, the hospital has been the hope gate for tens of thousands of people from each region of Turkey and has always been tasked with providing the highest quality service in accordance with the requirements of the time with the understanding of corporate culture formed by employees.

It is aimed to educate the physicians who will be working all over the place in the hospital with the mission of giving education besides health service presentation.

When we look at past years in the hospital, which is a follower of innovations in terms of human power and technical equipment from the day it was established, we are in the comfort of having done our country the precautions required in the direction of health policies. From now on, as the closest follower of health policies, our patients and employees will continue to be better served, better quality, more modern and more productive, and consciousness and service each day.

Doç Dr Mehmet TOPTAŞ
Hospital Director

OUR QUALITY POLICY

In the light of Health Ministry's legislation; to comply with requirement of recover and improve the activity continuously, to make scientific investigation and to provide training for province within the frame of quality, To present a confidential, modern, economical, rapid and quality health service, To meet patients and their relations eexpectations and requirements, To consider satisfaction of staff, To fulfill the conditions preferred by staf and patients.

MISSION

Providing qualified health service in the light of recent advances in medicine and specialist tranining in the contemporary level with social responsibility understanding and in the direction of quality goals.

VISION

Being the best hospital in the country.

OUR HOSPITAL HISTORY



As 'The most Modern Hospital in The Balkans' our hospital started its missions on January 16, 1960. It was established on an area of around 28.604 m. We have 507 Patients beds with 273 Specialist and 200 Residents in our hospital.

The unification of health services, which has been spoken since the 1970s, but which nobody has dared to practice, under one roof, takes place on February 19, 2005 as part of Health Transformation. The name of the hospital transferred to the Ministry of Health has been changed to "Ministry of Health Istanbul Training and Research Hospital". In 2004, Prof. Dr. Özgür YİĞİT enters a self-sacrificing and diligent work to move the service flag further.

In accordance with the Ministry of Health Legislation, the "Patient Rights Unit" is established and the interferences are started to be interrupted immediately during the service provided for patients and their relatives.

With the Decree on the Organization and Duties of the Ministry of Health and Affiliated Institutions, which entered into force on November 2, 2012, we are hospitalized, T.C. Ministry of Health Turkey Public Hospitals Institution Istanbul Provincial Fatih Public Hospitals Union General



Istanbul Training and Research Hospital continues its path with pride of being one of the most important and modern hospitals with its vision of being "Turkey's best hospital".

In this process, in June 2014, ENT Clinic was accredited by the Turkish Society of Otorhinolaryngology and Head and Neck Surgery..



Again, our hospital is eligible for the HIMSS Stage 7 accreditation certificate in 2016. The modernity of the technology and equipments used in the hospital, which is aimed at constantly renewing, growing and developing, the knowledge and experience of the serving staff, and the understanding of the service based on the human being.

INTERNATIONAL HEALTH TOURISM UNIT

To provide coordination and foreign patient resignation's regular notification about our hospital's health tourism and health of tourist, to conduct an activity of raining and publicity, to join meeting of health tourism, to work coordinately with Emergency Medicine about patient services. Istanbul Training & Research Hospital provides high quality health and tourism services with its team of experienced, specialist physicians and the medical infrastructure of the latest technology.



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DEPARTMENTS

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| <input type="checkbox"/> Emergency Medicine | <input type="checkbox"/> Biochemistry | <input type="checkbox"/> Otolaryngology Head And Neck Surgery |
| <input type="checkbox"/> Family Medicine | <input type="checkbox"/> Clinical Microbiology | <input type="checkbox"/> Neurology |
| <input type="checkbox"/> Anesthesiology | <input type="checkbox"/> Radiation Oncology | <input type="checkbox"/> Nephrology |
| <input type="checkbox"/> Neurosurgery | <input type="checkbox"/> Urology | <input type="checkbox"/> Medical Parasitology |
| <input type="checkbox"/> Pediatric Surgery | <input type="checkbox"/> General Surgery | <input type="checkbox"/> Endocrinology |
| <input type="checkbox"/> Pediatrics | <input type="checkbox"/> Thoracic Surgery | <input type="checkbox"/> Medical Oncology |
| <input type="checkbox"/> Dermatology | <input type="checkbox"/> Pulmonary Disorders | <input type="checkbox"/> Allergic Diseases |
| <input type="checkbox"/> Infectious Diseases And Clinical Microbiology | <input type="checkbox"/> Internal Medicine | <input type="checkbox"/> Orthopedics And Traumatology |
| <input type="checkbox"/> Physical Medicine And Rehabilitation | <input type="checkbox"/> Cardiovascular Surgery | <input type="checkbox"/> Ophthalmology |
| <input type="checkbox"/> Gastroenterology | <input type="checkbox"/> Cardiology | <input type="checkbox"/> Obstetrics And Gynecology |
| <input type="checkbox"/> Psychiatry | | |

TRAINING DEPARTMENTS

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| <input type="checkbox"/> Emergency Medicine | <input type="checkbox"/> Internal Medicine | <input type="checkbox"/> Biochemistry |
| <input type="checkbox"/> Anesthesiology | <input type="checkbox"/> Obstetrics And Gynecology | <input type="checkbox"/> Clinical Microbiology |
| <input type="checkbox"/> Neurosurgery | <input type="checkbox"/> Otolaryngology Head And Neck Surgery | <input type="checkbox"/> Nuclear Medicine |
| <input type="checkbox"/> Dermatology | <input type="checkbox"/> Neurology | <input type="checkbox"/> Radiation Oncology |
| <input type="checkbox"/> Infectious Diseases And Microbiology | <input type="checkbox"/> Urology | <input type="checkbox"/> Radiology |
| <input type="checkbox"/> Physical Medicine And Rehabilitation | <input type="checkbox"/> Orthopedics And Traumatology | <input type="checkbox"/> Medical Parasitology |
| <input type="checkbox"/> General Surgery | <input type="checkbox"/> Ophthalmology | |

INPATIENT UNIT OF PHYSICAL THERAPY

Our hospital has served depending on the clinic of Physical Therapy and Rehabilitation. Inpatient Unit of Physical Therapy are situated in our hospital F Building. In this exercise, hand and orthopedic rehabilitation treatments have been implemented to the patients as well as electro therapy practices.

INPATIENT UNIT OF CHEMOTHERAPY

In inpatient unit of chemotherapy, patient's inpatient chemotherapy has applied. In the unit, there is one in number class, two B2 Type Biological Cabin. Patients get examined after treatment protocol is determined by physician, the patient refer to inpatient unit of chemotherapy and an appointment are given. Pre and post chemotherapy essential informations are given and the patients are regularly evaluated in the sense of treatment adverse effects. In the unit, there is one in number bone marrow biopsy department.

UNIT OF ENDOSCOPY

The unit of endoscopy on the ground floor of Samatya Main Building gets into the act and in this unit gastroscopy, colonoscopy and ERCP services are given and diagnostic/most therapeutic treatments are applied to the patients.

THE LABORATORIES OF EMG & EEG

This service gets into the act in our hospital main building and outpatient clinic. After physician EEG&EMG examination demand, patients get an appointment for related department and in the appointment hour process occur.

EKG WITH EFFORT

After the demand of ekg with effort, an appointment is given to patients.

HEMODIALYSIS UNIT

Dialysis service is provided to programmed patients and out of programmed patients in the unit of hemodialysis. HBV and HCV patients are dialed on separate machines. The unit is open ten days a week, patients are taken from their homes then they are left to their homes again.

UNIT OF HEMATOLOGY

After inpatient patients are evaluated by hematology, they are treated by being hospitalized with their appointment. During the treatment duration, patients and their relations are informed.

SLEEP CENTER

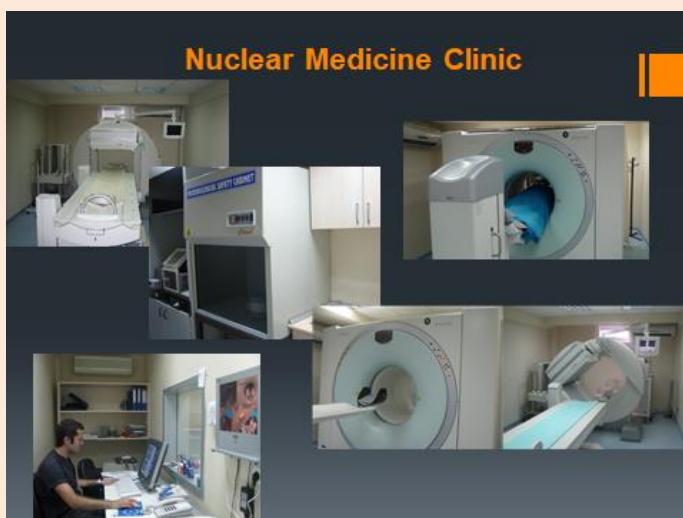
Sleep disorders and especially respiratory diseases during the sleep are very common in society and they cause serious consequences. **Syndrom of Obstructive Apnea** is the most known of sleep disorder. This disease may have serious consequences such as hypertension and seizure, it can cause people to have an accident also because of excessive daytime

sleepiness. Therefore, correct diagnose and treatment of the disease are important. In definite diagnosis of snoring and sleep disorders, golden standart is **polysonnography** during the sleeping/ such as patient's brain waves,his respiratory, the activity of muscle-heart and eye movements/parameters are examined and diagnosis of diseases are determined. **Polysonnography** is performed in sleep center lab. Snoring and sleep disorders center has two bed capacity, the most modern equipments of present-day are here. In the center patient's parameters are recorded with trained and experienced technicians during the night. First of all the patients having a snoring and sleep disorder, are examined particularly in the aoutpatient clinic, patient's comprehensive examination and lab tests are performed. If it is considered necessary,the patient is made hospitalized during a nightrecordings made by technicians(polysomnography) is evaulated by specialist physicians and diagnosis of the patient is determined.Then treatment of patient is planned with pre-examination and test results. Treatment may be in the forms of surgical or positive air way pressure. If positive air way pressure is decided to patient, the patient is anasthetized one more night in company with this treatment in the center, the affectiveness of the treatment is assessed and the pressure to be used is determined. First of all, our patients should refer to outpatients of otorhinoloryngoloy. After examinations and tests in the necessary situations an appointment may be given to patients for our sleep center.

NUCLEAR MEDICINE CLINIC

In our clinic 1 BT-PET and 2 Gama Camera are avaliable. Except this main hardware; 1 room of cardiac stress and effort unit, 2 radiopharmosotic preparation and laboratory part used for cell marking –containing cabin, 1 Gama Probe equipment used in sentinel lymph node and 1 Carbon-14 Probe equipment used in Ure Breath Test are available also. Besides 2 Radioactive

Patient Treatment Room is avaliable.



THE LABORATORY OF AUDIOLOGY

In our center Health Service is supplied to paediatric(infant&child) and adult patients. In the Audiology Lab;BERA, Otoacoustic Emission and all of the audoligical tests are performed. Besides this lab is the role of determining Choclear Patients as a

peice of choclear team. Before the choclear implant during the operation and after treatment necessary audiological considerations and implementations are carried out by audiological lab.

THE UNIT OF RADIATION ONCOLOGY

Diagnosis, treatment and post treatment of cancer patients and some illnesses are realised in the unit of radiation oncology. After the patient's treatment, plan is confirmed by the related physician, patient is called for further treatment. In the first day of patient treatment, physician, medical physics specialist, radiotherapy technician make a treatment plan, patient and his relations are informed about diagnosis treatment,process and possible complications by physician. During patient's treatment, patient's examinations are made permanently once a week. According to the patients general situations,after the patient whose treatment is over ,is called for check up. Necessary examinations and analyses are made.

INTERVENTIONAL RADIOLOGY



Interventional radiology is a rapidly progressing medicine. Radiology department is the department which makes operations without surgery, in cooperation with imaging methods like angiography, ultrasound, especially vascular and tumor diseases.

Interventional Radiology doesn't deal with a single topic or organ system, such as skin diseases or cardiovascular disease. Many of the organ systems do not have surgery before the previous treatment.

The main features of interventional radiology treatments are the absence of amelia and narcolepsy. Operations are always done with a small pinhole insertion. No traces remain on the body after the procedures are done. For this reason it is also called minimally surgical procedures. Since the imaging methods are always used when entering the body, there is a chance of seeing and treating the body without damaging the body and without damaging it when going to the target organ.

In the vast majority of transactions, the patient is sent to their home.after the hospital on the same day or up to one day. High-tech devices often are used to the patients for treatment.

What is the advantage of treating interventional radiology specialists?

In order to become an interventional radiology specialist, you must first become a radiology specialist, that is, to have a diploma in diagnosis and then have at least 5 years experience in interventional both during and after the residence period. Radiologists are the only specialists in imaging such as vascular or ultrasonics, CT, MR and have extensive knowledge and ability to use these devices in detail

Successful interventional procedures are made possible by the ability to accurately and quickly identify which vessel or organ is diseased, and to use these devices at the highest level

Radyofrekans/Mikrodalgaablasyon:

The use of radiofrequency energy to kill cancer cells.

Tromboliz:

Opening of the injured vein by administering anticoagulant.

Transjügüler/İntrahepatik/Porta-Sistemik/Şant:

In the severe liver failure,portal is a procedure to reduce harmful effects and hypertension.



Interventional Radiological Angiography: X-ray examination of arteries or veins. Display of vessels by injecting contrast material following entry of the vessel.

Balloon Angioplasty and stent : Opening of clogged or narrowed vessels by advancing the balloon catheter or stent into the vein.

Embolization: Vascular clogging of a bleeding vessel, bubble, or a tumor

Chemoembolization: Direct drug delivery to cancer cells via the vasculature.

Dialysis attempts: opening of fistula stenosis and occlusion, permanent catheter insertion.

Opening of blood vessels with angio for the treatment of unhealed wounds in diabetes (Candida) patients

URODYNAMICS LABORATORY

Our hospital is serving in Polyclinic or clinic in Urodinami Laboratory serving in Samatya Central Policlinic. The patient who has been examined by the doctor and whose examination is requested is taken to the Urodinami Laboratory and the appointment date is taken. After the procedure, the patient is informed and the examination result is given and directed to the doctor.

UROFLOW LABORATORY

Üroflow Laboratories serving in our clinic Samatya Central Policlinic and Osmaniye Policlinic serves Polyclinic or clinic. The patient who has been examined by the doctor and requested to be examined is referred to Uroflow Laboratory and the appointment date is taken. After the procedure, the patient is informed and the examination result is given and directed to the doctor.

UROLOGICAL ENDOSCOPY LABORATORY

The patient who has been examined by the doctor is referred to the urology clinic as the patient has made preparations before and during the appointment day and time. The patient is prepared before the procedure and epicrisis is given after the procedure and directed to the doctor.

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